


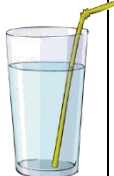



## Breakfast Club Menu

<i>Week</i>	<i>Cereals</i>	<i>Toast</i>	<i>Fruit &amp; Yoghurt</i>	<i>Hot Option</i>	<i>Drinks</i>
<b>1</b>	Rice Krispies Cornflakes Weetabix Kellogg's Raisin Wheats	Brown Bread Butter Reduced Sugar Jams (raspberry, strawberry, blackberry) Marmalade	Apples, Oranges Bananas, Pears  Yoghurts (variety of fruit flavours)	Porridge Daily (optional toppings: raisins/honey)  Tuesday – Potato Waffle & Beans  Thursday – Oven Baked Herb/Ham Omelette	Pure apple/orange juice  Water  Milk
<b>2</b>	Rice Krispies Cornflakes Weetabix Kellogg's Raisin Wheats 	Brown Bread Butter Reduced Sugar Jams (raspberry, strawberry, blackberry) Marmalade	Apples, Oranges Bananas, Pears  Yoghurts (variety of fruit flavours)	Porridge Daily (optional toppings: raisins/honey)  Tuesday – Bacon & Cheese Toasted Slice  Thursday – Scotch Pancakes (butter/maple syrup) 	Pure apple/orange juice  Water  Milk 
<b>3</b>	Rice Krispies Cornflakes Weetabix Kellogg's Raisin Wheats	Brown Bread Butter Reduced Sugar Jams (raspberry, strawberry, blackberry) Marmalade	Apples, Oranges Bananas, Pears  Yoghurts (variety of fruit flavours)	Porridge Daily (optional toppings: raisins/honey)  Tuesday – Spaghetti Hoops on Toast  Thursday – Toasted Muffin (butter +/- jam or scrambled eggs) 	Pure apple/orange juice  Water  Milk