

# Our Prayers

## Morning Prayer

O my God, you love me,  
you're with me night and day.  
I want to love you always  
in all I do and say.  
I'll try to please you, Father,  
bless me through the day.  
Amen.



## Evening Prayer

God, our Father, I come to say  
thank you for your love today.  
Thank you for my family  
and all the friends you give to me.  
Guard me in the dark of night  
and in the morning send your light.  
Amen.



## Prayer before Meals

Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us, O God.  
Amen.



## Prayer after Meals

Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you, God, for everything.  
Amen.

