





St Joseph's RC Primary School
Lunch Menu – Term: Autumn Term



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (Meat/Fish Option)	Roast Gammon & Gravy with Apple Sauce	Meatball & Salad Pitta Pocket with Tzatziki (lamb mince)	Jacket Potato Day! * Cheese and/or Beans * Tuna Mayonnaise * Chicken Curry	Spaghetti Bolognese (beef mince)	Tuna Pasta Bake (tomato sauce)
Main Course (Vegetarian Option)	Quorn Breaded Fillets	Quorn Meatball & Salad Pitta Pocket with Tzatziki		Vegetable Spaghetti Bolognese	Breaded Cheese Melts with Baked Potato
Main Course (Third Option)	Cheese or Tuna Wrap	Jacket Potato with Beans or Tuna	Cheese or Turkey Slice Pitta Pocket	Jacket Potato with Bolognese or Tuna & Sweetcorn	Jacket Potato with Beans or Coleslaw
Cooked Vegetables	Roast Potatoes & White Cabbage	Beetroot & Watercress	Broccoli & Sweetcorn	Garlic Bread & Broccoli	Kale & Sweetcorn
Fresh Food	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)
Dessert	Raspberry Ripple Ice Cream <i>(Inc. dairy-free option)</i>	Carrot Cake with Frosting	Chocolate Brownie <i>(Inc. dairy-free option)</i>	Apple Strudel with Custard	Seasonal Fruit Medley <i>(Dairy-free)</i>
Daily	 Fresh Fruit and Yoghurt available every day 				

** Desserts: Dairy free recipes (or soya alternatives) will be provided where possible*