




St Joseph's RC Primary School
Lunch Menu – Term: Autumn Term



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (Meat/Fish Option)	Fusilli Pasta in a Tomato Sauce with Chicken and Carrots	Beef Hot Pot (layered potato topping)	Lamb Biryani	Pierogi (Polish dumplings with chicken and pork filling)	Breaded Fish Shapes & Chips
Main Course (Vegetarian Option)	Fusilli Pasta in a Creamy Sauce with Mushrooms and Spinach	Vegetable Hot Pot (layered potato topping)	Vegetable Biryani (cauliflower and peas)	Pierogi (Polish dumplings with cheese and potato filling)	Alphabet Pasta with a roasted tomato sauce
Main Course (Third Option)	Jacket Potato with Beans or Tuna	Cheese or Ham Pitta Pocket	Tuna or Turkey Slice Pitta Pocket	Jacket Potato with Beans or Coleslaw	Cheese or Tuna Wrap
Cooked Vegetables	Mixed Vegetables	Broccoli & Sweetcorn	Spinach & Swede	Red Cabbage & Carrots	Cauliflower & Peas
Fresh Food	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)
Dessert	Stewed Pears & Blackberries with Custard <i>(Inc. dairy-free option)</i>	Waffles with Icing Sugar or Maple Syrup	Fruit Jelly <i>(Dairy-free)</i>	Crackers & Cheese with Grapes	Jam Roly Poly with Ice Cream <i>(Inc. dairy-free option)</i>
Daily	 Fresh Fruit and Yoghurt available every day 				

* Desserts: Dairy free recipes (or soya alternatives) will be provided where possible