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www.stjosephsgeorgerow.org

Headteacher: Mrs Byrne

6th September 2018

Dear Parents/Carers,

We would like to provide an opportunity for your child to take part in some Positive Touch sessions.

This is a new initiative which aims to develop children's physical coordination, fine manipulative skills, sense of touch and personal space. The sessions will be led by Katherine Knight who has worked with children in our school for over nine years developing positive pupil relationships. The first session is on 7th February 2019.

These sessions will take place in our school's new sensory room with members of school staff present and each session will last for 20 minutes.

Example activities that will be carried out during this session are:

- Singing action rhymes.
- Clapping games.
- Circle/group games, such as Ring-o-roses and Huggy Bear (children have to get into size of groups called, e.g. Huggy Bear 2 - children get into groups of 2).
- Exploring different activities with puppets, e.g. brushing/twisting hair and dressing teddies with different fastenings on clothes, e.g. buttons, zips, poppers, laces.
- Relaxation strokes, e.g. gentle pressing and tracing different patterns on your partner's back with your finger.
- Exploring different textures using bare feet.
- Exploring different fun toys to promote the gentleness of touch, e.g. ladybird with rolling feet that can be rolled along your shoulders and arms.

As young children learn best through demonstration, there will be times during the session when the school staff are required to physically show and assist the children with the different moves/activities. Therefore we require your consent for the tactile nature of these sessions.

If you have any questions please see Mrs Byrne. Please complete and return the permission slip below by **Tuesday 11th September 2018.**

Yours sincerely,

Mrs Schönknecht
Assistant Headteacher

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I give / do not give (**please mark clearly**) consent for my child _____ in _____ class to participate in the three Positive Touch sessions.

Signed: _____ (Parent / Carer) Print Name: _____ Date: _____