St Joseph's RC Primary School

Lunch Menu – WC. 07.09.20

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (Meat/Fish Option)	Jacket Potato Day! * Cheese and/or Beans * Tuna Mayonnaise * Chicken Curry	Lamb Meatballs with pasta (fussili) in tomato sauce	Roast Gammon with Roast Potatoes, Gravy & Apple Sauce	Spaghetti Bolognese (beef mince) with garlic bread	Tuna Pasta Bake (Rigatoni pasta tubes & tuna in a tomato sauce)
Main Course (Vegetarian Option)		Quorn Meatball with pasta (fussili) in tomato sauce	Quorn Breaded Fillets with Roast Potatoes & Gravy	Quorn &Vegetable Spaghetti Bolognese with garlic bread	Vegetable pasta in tomato sauces
Main Course (Third Option)	Cheese or Chicken Slice Pitta Pocket	Jacket Potato with meatballs (either) or cheese	Cheese or Tuna Wrap	Jacket Potato with Bolognese or Tuna & Sweetcorn	Jacket Potato with Baked Beans or Coleslaw
Cooked Vegetables	Cauliflower & Spinach	Beetroot & Whole Green Beans	Peas & Broccoli	Carrots & White Cabbage	Kale & Sweetcorn
Fresh Food	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh salmon & mixed beans)
Dessert	Vanilla Ice Cream *(Inc. dairy-free option)*	Carrot Cake with Frosting	Chocolate Brownie	Apple Strudel with Custard	Seasonal Fruit Medley *(Dairy-free)*
Daily	Fresh Fruit and Yoghurt available every day				

** Desserts: Dairy free recipes (or soya alternatives) will be provided where possible*