St Joseph's RC Primary School

Lunch Menu – Term: Spring Term

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (Meat/Fish Option)	Hot Dog in a Bun & Tomato Sauce or Mustard	Lamb Curry with Rice	Chicken & Sweetcorn Pizza	Beef Strips & Vegetable Noodles	Fish Pie (Salmon) (mash topping)
Main Course (Vegetarian Option)	Quorn Dog in a Bun & Tomato Sauce or Mustard	Vegetable (Chickpea) Curry with Rice	Vegetable Pizza (mushroom and green pepper)	Tofu & Vegetable Noodles	Vegetable Pie (Quron)(mash topping)
Main Course (Third Option)	Jacket Potato with Cheese or Tuna	Cheese or Tuna Pitta Pocket	Jacket Potato with Coleslaw or Beans	Jacket Potato with Cheese and/or Coleslaw	Cheese or Tuna & Sweetcorn Pitta Pocket
Cooked Vegetables	Onions & Mushrooms	Peas & Sweetcorn	Kale & Spinach	Broad Beans & Mangetout	Broccoli & Leeks
Fresh Food	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)
Dessert	Chocolate Ice Cream & Wafers *(Inc. dairy-free option)*	Waffles with Berries & Icing Sugar/Maple Syrup	Melon Slices (Dairy-free)	Victoria Sponge with Cream	Fruit Cocktail (Dairy-free)
Daily	Fresh Fruit and Yoghurt available every day				

** Desserts: Dairy free recipes (or soya alternatives) will be provided where possible*