



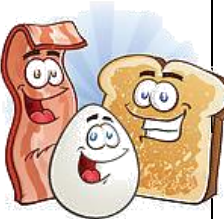



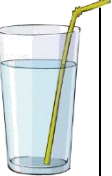







Breakfast Club Menu (2nd Half of School Terms)

Week	Cereals	Toast	Fruit & Yoghurt	Hot/Alternative Options	Drinks
1	Rice Krispies	Brown Bread	Apples, Oranges	Porridge	Pure apple/orange juice
	Cornflakes	Butter	Bananas, Pears	(optional toppings: raisins/honey) 	Water
	Weetabix	Reduced Sugar Jams (raspberry, strawberry, blackberry)	Yoghurts (variety of fruit flavours)	(Mondays, Wednesdays & Fridays)	Milk
	Kellogg's Raisin Wheats	Marmalade  		Potato Bread Slice & Beans (Tuesdays)	
Rice Krispies	Brown Bread 	Apples, Oranges	Porridge	Pure apple/orange juice	
Cornflakes	Butter	Bananas, Pears	(optional toppings: raisins/honey)	Water	
Weetabix	Reduced Sugar Jams (raspberry, strawberry, blackberry)	Yoghurts (variety of fruit flavours)	(Mondays, Wednesdays & Fridays)	Milk	
2	Kellogg's Raisin Wheats 	Marmalade		Berry & Banana Smoothie (Tuesdays)	
	Rice Krispies	Brown Bread	Apples, Oranges	Scotch Pancakes (butter/maple syrup) (Thursdays)	
	Cornflakes	Butter	Bananas, Pears		
	Weetabix	Reduced Sugar Jams (raspberry, strawberry, blackberry)	Yoghurts (variety of fruit flavours)		
3	Kellogg's Raisin Wheats	Marmalade		Toasted Muffin (butter +/- or jam) (Thursdays)	
	Rice Krispies	Brown Bread	Apples, Oranges	Porridge	
	Cornflakes	Butter  	Bananas, Pears	(optional toppings: raisins/honey)	
	Weetabix	Reduced Sugar Jams (raspberry, strawberry, blackberry)	Yoghurts (variety of fruit flavours)	(Mondays, Wednesdays & Fridays)	
				Spaghetti Hoops/Scrambled Eggs on Toast (Tuesdays)	Water
					Milk