





St Joseph's RC Primary School
Lunch Menu – Term: Summer Term



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (Meat/Fish Option)	Mexican Corn Taco Shells with Minced Beef & Shredded Lettuce	Quiche Lorraine (cheese + ham)	Cavatappi Pasta & Meatballs with Garlic Bread <i>(Pasta twists & lamb mince)</i>	Chicken & Seasonal Vegetable Paella	Creamy Salmon and Broccoli Pasta
Main Course (Vegetarian Option)	Mexican Corn Taco Shells with Quorn Mince & Shredded Lettuce	Vegetable Quiche (cheese + broccoli)	Cavatappi Pasta & Quorn Meatballs with Garlic Bread	Seasonal Vegetable Paella <i>(Lentils/chickpeas)</i>	Red Pepper & Halloumi Cheese Pitta Pocket
Main Course (Third Option)	Mexican Wrap with Cheese and/or Mixed Beans	Ham or Tuna Wrap	Jacket Potato with Mixed Vegetables or Tuna	Ham or Cheese Pitta Pocket	Jacket Potato with Beans or Coleslaw
Cooked Vegetables	Avocado & Tomato	Spring Greens & Runner Beans	Peas & Spinach	Carrots & Sweetcorn	Watercress & Broccoli
Fresh Food	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw, fresh tuna & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)	Homemade White & Wholemeal Bread Salad Bar (vegetables, coleslaw & mixed beans)
Dessert	Seasonal Fruit Selection <i>(Dairy-free)</i>	Fruit Cocktail	Iced Lemon Cake <i>(Inc. dairy-free option)</i>	Crackers & Cheese with Grapes	Rice Pudding <i>(with a spoonful of fruit jam) (Inc. dairy-free option)</i>
Daily	 Fresh Fruit and Yoghurt available every day 				

** Desserts: Dairy free recipes (or soya alternatives) will be provided where possible*